

# *Healing Book*

## LOTUS

A wordless healing book for all ages



इतिहास लक्ष्मी

Awaken Conscious Wellbeing

## Best practice for healing with this Book

- This is a wordless healing book
- Take a deep breathe
- Close your eyes
- Continue with deep breathing
- Open when your eyes where you have no more images burning your eyes
- Flip through the pages
- Focus on the healing light
- Repeat as many times as you want
- Cosmos loves you as you are!









santitas *santitas*  
Awaken Conscious Wellbeing

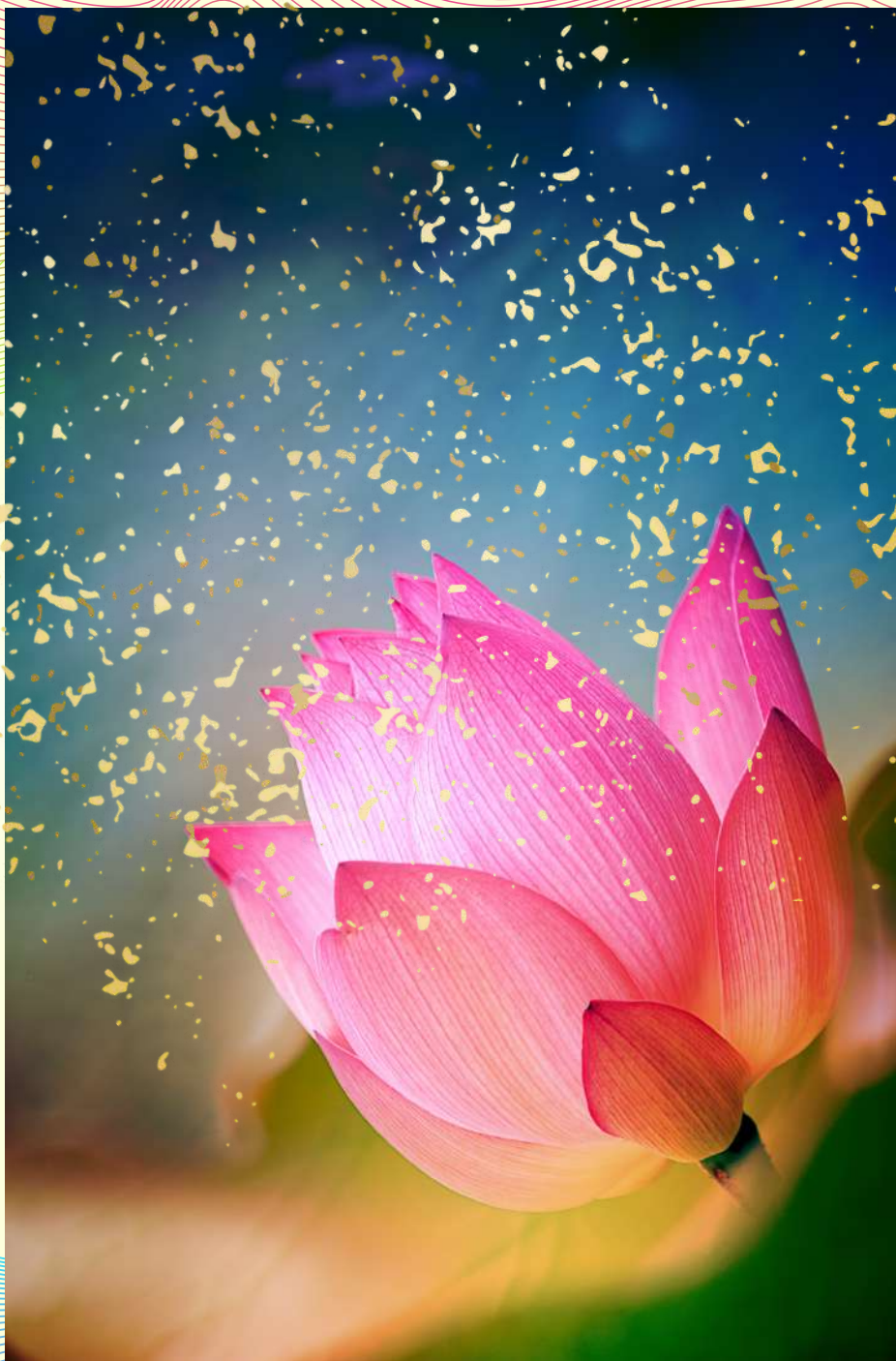
















*Experience one minute of  
intense healing  
again....  
&  
again*



*Stay  
joyful*

<https://thesattvicmethodcompany.com/>

