

# Healing Book

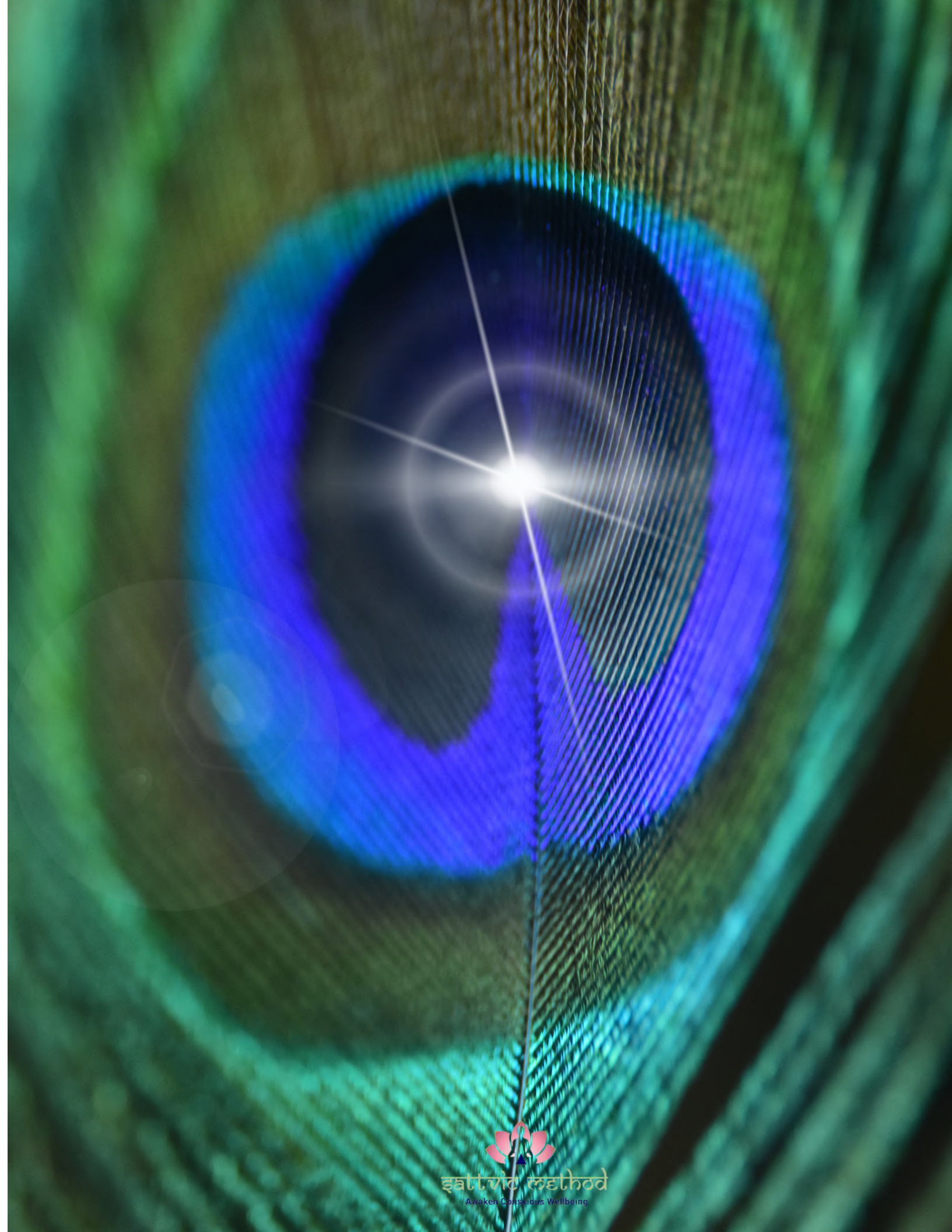
## Mayoor

A wordless healing book for all ages



Radhika Mathod  
Ayurvedic Therapist, Wellness

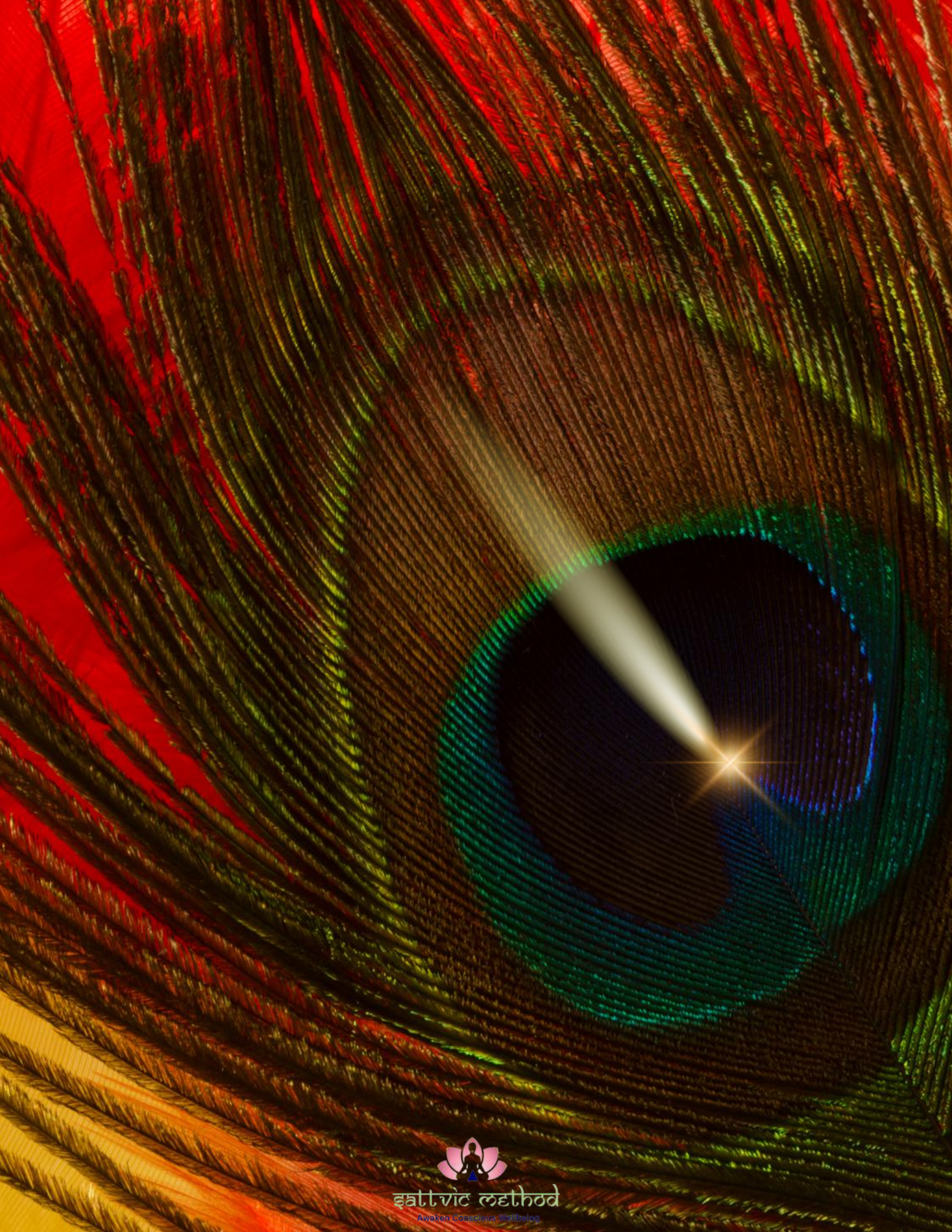




इश्वरि लक्ष्मी

Awaken Conscious Wellbeing





Iattvic method

Awaken Conscious Wellbeing

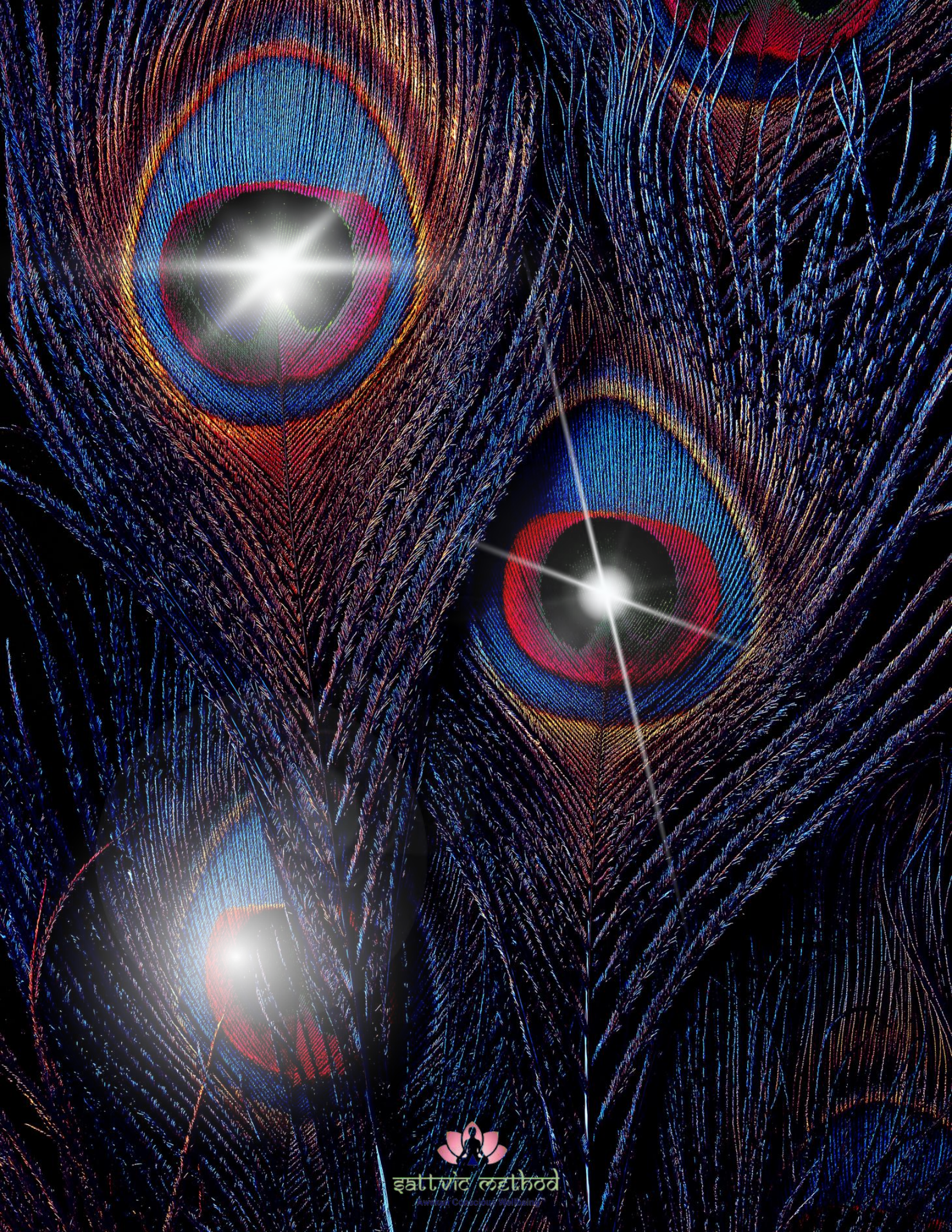




sattvic method

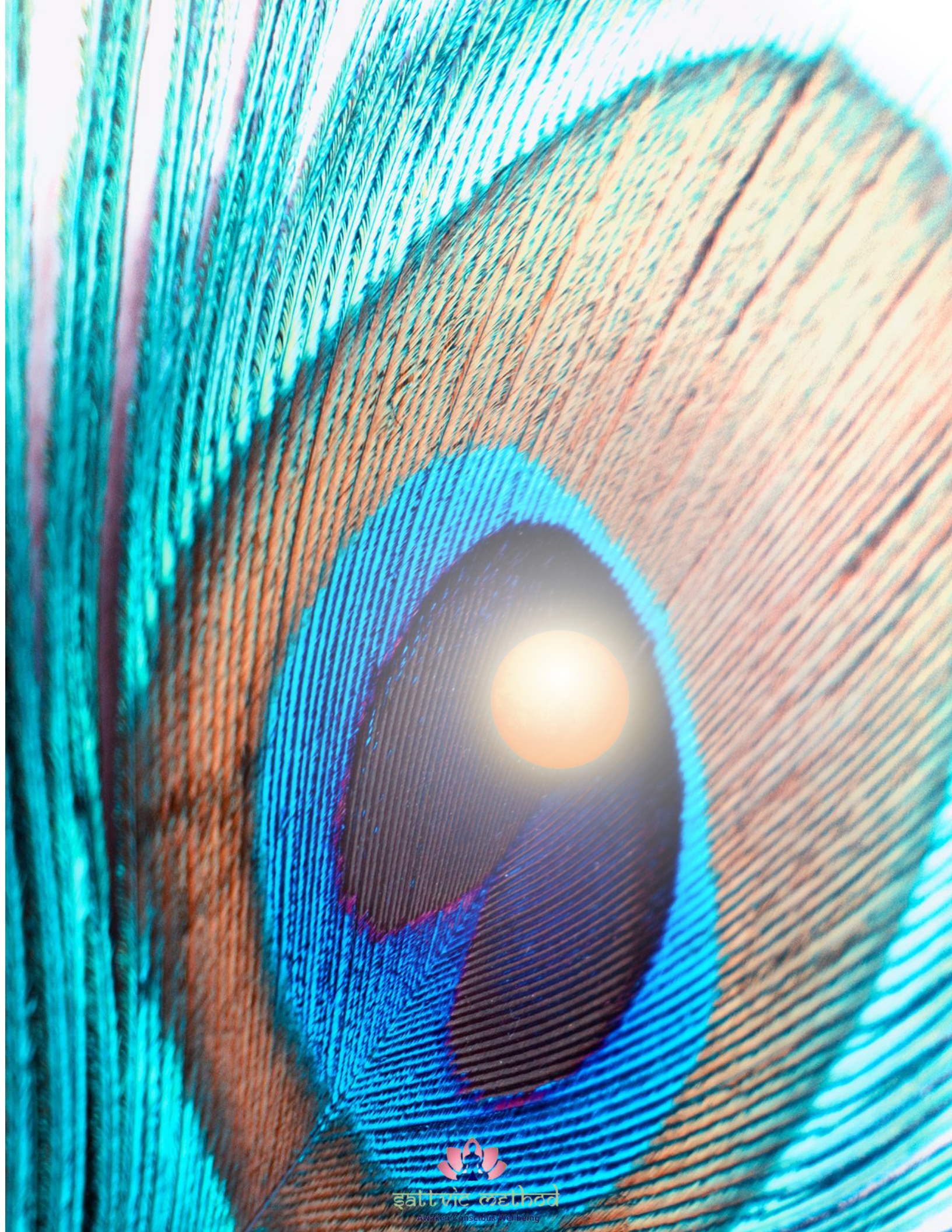
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इयंगर मेथड  
*Iyengar's Conceptual Method*

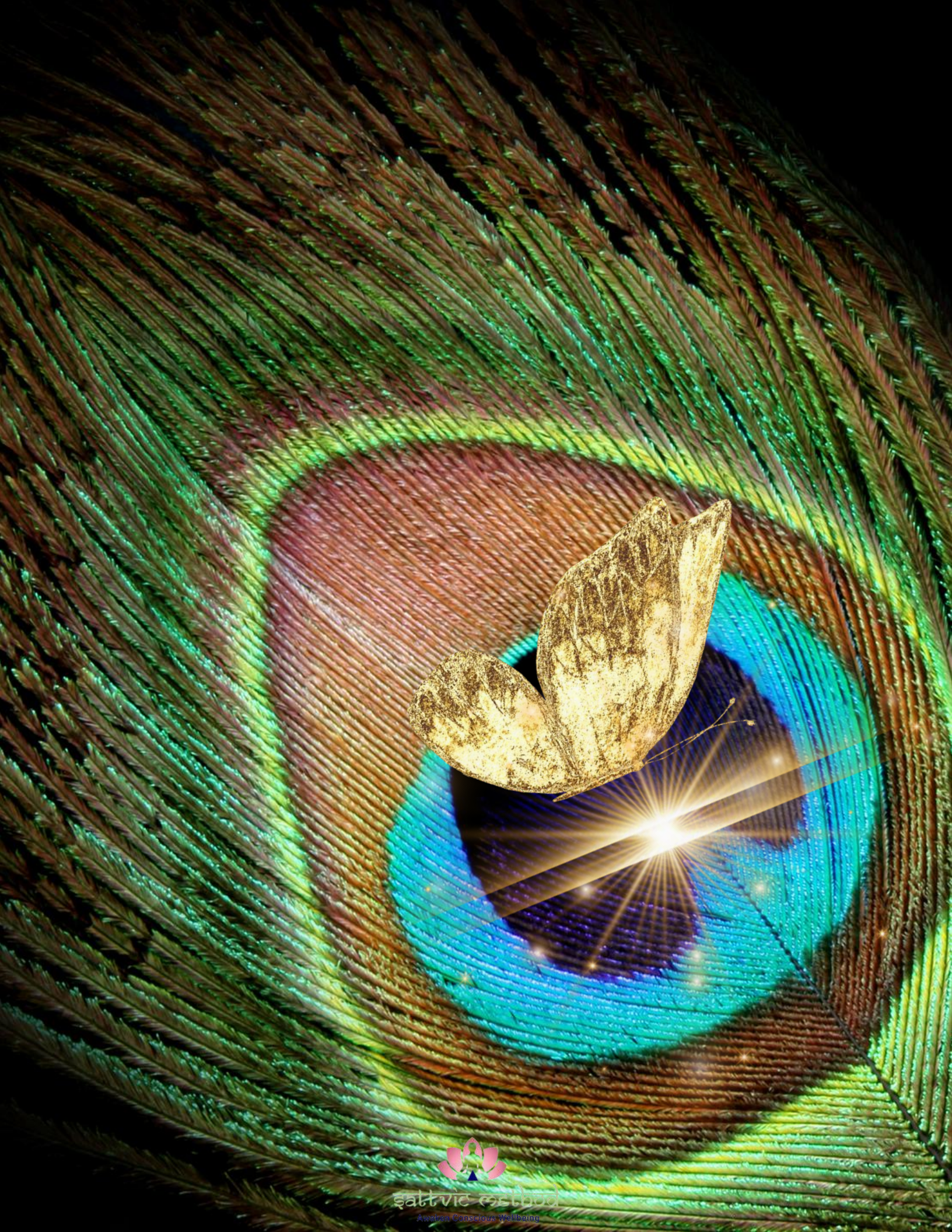




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<https://thesattvicmethodcompany.com/>

*Experience one minute of  
intense healing*

*again....*

*&*

*again*

*Stay  
joyful*



**sattvic method**

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